



DRAFT



GCSE

PHYSICAL EDUCATION

This improved specification, which links with A Level PE, boasts up-to-date content with yet more choice of activities for practical performances, including coaching/officiating, Karate, Tae Kwon Do, resistance training, rowing, mountain biking, snowboarding and surfing. There's also the option to take this qualification as a short course, which offers further flexibility.

What's happening to GCSEs?

OCR is offering new GCSEs for first teaching in September 2009*.

We've taken this opportunity to improve the quality of our GCSEs for teachers and learners alike.

We've made improvements in three key areas: updated and relevant content, a focus on developing students' personal, learning and thinking skills, and flexible assessment, so teachers can choose the best learning approach for the job.

We want to make the introduction of these new GCSEs as easy for you to manage as possible.

The main changes are:

- Controlled assessment will be introduced for most subjects
- The opportunity will be taken to bring course content up to date
- Examinations should provide opportunity for extended writing and more varied question types
- All GCSEs will meet the requirements of the Disability Discrimination Act.

Our approach is to provide consistency across all our GCSEs by offering the flexibility that unitised qualifications bring, allowing teaching and assessment in either a linear or unitised fashion.

*Not all GCSEs are changing. There are a few exceptions: the new Science GCSE was introduced in 2006. New English, English Literature, ICT and Maths GCSEs will be offered for first teaching in 2010.



Improving GCSE Physical Education with OCR

We've involved teachers throughout the development process, so the new specifications, support materials and schemes of work should be exactly what you need to teach OCR GCSE Physical Education. To ensure accuracy in our content, we've also consulted subject associations, professional membership groups, subject societies and other subject experts.



Our GCSE Physical Education offers:

- One concise specification with the flexibility to cater for short course and full course candidates and also for PE or PE: Games options within the practical assessment
- Generic assessment criteria for use with all practical performance activities alongside activity-specific links for each activity
- A multiple-choice question paper which forms part of the assessment – to be confirmed by QCA, further updates will be posted on our website.

Making change easy

We'd like to make these changes as easy for you to manage as possible. To minimise disruption, we will:

- Guide you through the process of moving to OCR
- Bring you the latest information through our Focus on 14–19 magazine and our new website www.GCSEchanges.com
- Show you approved specifications one year ahead of first teaching, so you have plenty of preparation time
- Offer you a range of OCR support materials, including schemes of work and sample assessment materials, as we did with GCEs
- Make OCR's publisher partner resources – tailored to the new specifications – available from January 2009
- Endorse a variety of published resources, giving you a wider choice of quality support materials.

We're also running extra INSET and training courses across the UK, so now it's even easier to discover how OCR has developed its specifications.

Controlled assessment

While reviewing GCSEs, QCA looked into the coursework element of the current qualifications and decided to introduce controlled assessment as an alternative to coursework. This will address some of the issues raised in recent coursework reviews, such as plagiarism.



Controlled assessment has to be done in a supervised environment. However, if the task has a research element, the student may complete this without supervision.

The benefits of controlled assessment include:

- More straightforward marking – for most subjects, we provide worksheets for students to complete
- Improved reliability and validity
- Varying levels of control, to help you manage the assessments and your time more easily
- Greater confidence in authenticating students' work as their own
- Greater ease in fitting assessments into your normal teaching programmes.

For Physical Education, GCSE controlled assessment means:

- Task setting – OCR stipulates the skills, techniques and level of attainment expected in each part of the assessment. Candidates will have to perform in a suitable scenario or context in order to demonstrate these skills.
- Task taking – Candidates are under the supervision of a teacher (or in some cases coach) who takes responsibility for the accuracy of their practical assessment.
- Task marking – A visiting moderator appointed by OCR will moderate the accuracy of each centre's assessments.

Flexible assessment

The assessment for the new OCR GCSEs is organised into units which can either all be taken at the end of the course in a linear fashion, or be used to complement a more unitised approach to teaching and learning. This gives you the flexibility to choose the assessment approach best suited to your centre and your students. A unitised structure gives you the flexibility to co-teach short and full courses.

We already offer assessments that are organised into units at A Level and for some existing GCSEs. For many subjects, assessments will be available twice a year. Flexible assessment means:

- You will have a choice of learning approaches – linear or unitised
- The assessment can be timed to match the point of learning within the course, making it easier for candidates to show what they know, understand and can do
- Students can re-sit a unit rather than repeat the entire assessment
- Some students are motivated by ongoing feedback and this helps them identify their learning needs
- A unitised approach makes it easier for students to stay on track with their studies and manage their time effectively
- The pressure of an 'all or nothing' assessment is removed
- Examination stress is reduced by permitting assessment over a longer period so that not all assessments are concentrated in a narrow window at the end of two years

- With a similar format to A Levels and Diplomas, GCSEs will help prepare students for the next phase of their education.

To ensure that the assessment supports the coherence of the GCSEs and there is no over-assessment, QCA has put two rules in place: 40% of the assessment must happen at the end of the course and only one re-sit of each assessment unit is allowed.

You may know 'unitised' as modular.

Unit title and description	Assessment including duration	Weighting
B451: An Introduction to Physical Education Areas covered: <ul style="list-style-type: none"> • The healthy and active body • Exercise and training the body for an active, healthy lifestyle • Acquiring movement skills and motivation for involvement in physical activity • Opportunities and pathways for involvement in physical activity. 	Multiple-choice examination 45 minutes Option of a computer-based test for the multiple-choice paper	20% full course 50% short course
B452: Practical Performances and Developing Fitness <ul style="list-style-type: none"> • Two practical performances • Analysing Performance task focusing on fitness improvement • Coaching and officiating available. 	Controlled assessment Centre assesses candidates in their practical performances and Analysing Performance task OCR-appointed moderator checks the accuracy of assessment through visiting moderation	30% full course 50% short course
B453: Developing Knowledge in Physical Education Areas covered (building on knowledge gained in Unit B451): <ul style="list-style-type: none"> • The healthy and active body • Exercise and training the body for an active, healthy lifestyle • Acquiring movement skills and motivation for involvement in physical activity • Opportunities and pathways for involvement in physical activity. 	Written examination 1 hour	20% full course
B454: Practical Performances Developing Skill <ul style="list-style-type: none"> • Two practical performances • Analysing Performance task focusing on skill improvement • Coaching and officiating available. 	Controlled assessment Centre assesses candidates in their practical performances and Analysing Performance task OCR-appointed moderator checks the accuracy of assessment through visiting moderation	30% full course

Short Courses

We also offer a short course in GCSE Physical Education, equivalent to half a GCSE. This offers several advantages:

- There are only two units to complete.
- Students who are interested in a particular subject, but don't have time to study a full course, have more learning options.
- Students can study a wider range of subjects.
- Timetabling for shorter courses can be easier for your centre.
- More able students can complement their studies by taking additional short courses.
- Short courses can be spread over one or two years.



What changes, and what stays the same?

	What changes?	What stays the same?
Structure	<ul style="list-style-type: none"> • Specification now made up of four units • Two question papers, although combined duration is very similar to current examination • Practical has been divided into two units • Short course candidates can be assessed in non-games activities. 	<ul style="list-style-type: none"> • A strong focus on practical performance • Four practical activities for full course GCSE candidates • Two practical activities for short course GCSE candidates.
content	<ul style="list-style-type: none"> • New activities now available for assessment (including coaching and officiating) • Improved links between OCR GCSE and A Level PE • Less emphasis on risk assessment • More emphasis on socio-cultural factors for participation, such as local and national provision • Focus on balanced, healthy lifestyles and the impact of diet, work and rest • Targeting physical activity for maximum effect. 	<ul style="list-style-type: none"> • A comprehensive list of activities available for assessment • Covers key anatomy and physiology aspects • Encourages an understanding of how key factors influence participation and performance • Motivation and mental preparation • Components of fitness • Characteristics of skill.
Assessment	<ul style="list-style-type: none"> • Two written papers: one multiple choice (45 minutes), one structured questions (1 hour) • Candidates can sit question paper(s) at the end of the first year of study. 	<ul style="list-style-type: none"> • Structured question paper improved and shorter in duration, but in similar format to current OCR GCSE written paper • Practical activities still internally assessed and externally moderated.

Assessment objectives

The assessment objectives are designed to reflect the non-statutory guidelines for Physical Education.

Candidates are expected to demonstrate the following in the context of the content described:

AO1

- Recall, select and communicate their knowledge and understanding of physical activity.

AO2

- Apply skills, knowledge and understanding in physical activity.

AO3

- Analyse and evaluate physical activity, and identify action to bring about improvement.

Support for GCSE Physical Education teachers

OCR offers a range of support materials, developed following extensive research and consultation with teachers. We've designed them to save you time when preparing for the new specifications and to support you while teaching them.

Our support materials and events include face-to-face training courses, schemes of work that you can customise, endorsed publisher partner resources, access to teacher and examiner networks (both online and offline), plus an extensive past-papers service.

OCR's online resources include:

- E-communities – online networks of subject specialists for sharing knowledge, views and ideas
- Interchange – a completely free and secure website that helps you carry out the administrative tasks associated with examinations quickly and easily
- Past examination papers
- Marking schemes
- Subject e-alerts – for teachers who register for updates.

We offer a wide range of training courses in the UK, so you have easy access to information about our new specifications – direct from the experts. See over for more details.



Training for OCR GCSE Physical Education

Our Get Ready events offer a taste of the new specification. Dates are given below, and you can book your place now at www.GCSEchanges.com.

Later, we'll be running our Get Started events, which take you through the specification in more detail and help you work towards first teaching. They will take place during the spring and summer terms 2009.

Get Ready – introducing the new specification (first teaching from September 2009)*

This course is for all teachers – new and experienced – who are interested in finding out more about the new specification. It's open to you, even if you don't teach the current OCR specification.

It's a **FREE** half-day session, including refreshments, a light finger buffet and course materials, offering an overview of the new OCR specification in GCSE Physical Education. Key features include:

- A look at the new structure, content and assessment methods
- A comparison between old and new specification content
- An introduction to the support and resources available from OCR
- A summary of the benefits of choosing the new OCR specification.

Date	Location	Course code
Wed 4 Jun 08 AM	Birmingham	OPEA101
Wed 4 Jun 08 PM	Birmingham	OPEA102
Tues 10 Jun 08 AM	London	OPEA103
Tues 10 Jun 08 PM	London	OPEA104
Mon 7 Jul 08 AM	Manchester	OPEA105
Mon 7 Jul 08 PM	Manchester	OPEA106
Thurs 25 Sept 08 AM	Nottingham	OPEA107
Thurs 25 Sept 08 PM	Nottingham	OPEA108
Thurs 9 Oct 08 AM	Bristol	OPEA109
Thurs 9 Oct 08 PM	Bristol	OPEA110
Wed 15 Oct 08 AM	Newcastle	OPEA111
Wed 15 Oct 08 PM	Newcastle	OPEA112
Tues 4 Nov 08 AM	Cardiff	OPEA113
Tues 4 Nov 08 PM	Cardiff	OPEA114
Wed 12 Nov 08 AM	Manchester	OPEA115
Wed 12 Nov 08 PM	Manchester	OPEA116
Thurs 27 Nov 08 AM	Cambridge	OPEA117
Thurs 27 Nov 08 PM	Cambridge	OPEA118
Wed 3 Dec 08 AM	Edinburgh*	OPEA119
Mon 15 Dec 08 AM	Belfast*	OPEA120
Fri 6 Feb 09 AM	Coventry	OPEA121
Fri 6 Feb 09 PM	Coventry	OPEA122

Please note:

- Free OCR Training courses will not incur any penalty fees however, so that we can offer your place to another delegate please notify us in good time of your course cancellation.
- Dates are subject to change so please ensure you read your booking confirmation and web updates as OCR Training cannot be held responsible for delegates who attend on an incorrect date.
- Courses throughout summer 2008 and autumn 2008 terms may be based on the draft specification.
- *The times of these courses may vary from the standard advertised time.

Publishing support for GCSE Physical Education teachers

We're working with publisher partner Hodder Education to provide further resources to support teachers of the new specification.

Hodder Education will be publishing brand new resources authored by the team who developed this specification. OCR PE for GCSE student book (John Honeybourne) and OCR PE for GCSE Dynamic Learning Network Edition CD-ROM (John Harrod) will offer complete and practical support for all your teaching and learning needs.



To find the latest information on published resources, please visit www.ocr.org.uk/pe/newgcse and choose published resources from the right-hand menu.



www.ocr.org.uk

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